

## **Unbound: A Model for Healing and Deliverance**

### Brief summary

*“Picture a locked door. Opening that door represents liberation from spiritual bondage. This door has five locks, each requiring a key. As a believer in Christ, you have all the keys you need to be free from the influence of evil spirits.” (Unbound, pg 53)*

Freedom is so fundamental to our humanity that we are told in Gal 5:1b, “For freedom Christ has set us free.” It is through our union with Jesus the Son of God that we are restored to true freedom. “Now the Lord is the **Spirit**, and where the **Spirit** of the Lord is, there is **freedom**” (2Co 3:17).

The Holy Spirit is the love of God poured into our hearts. (Rom 5:5) He is the Spirit of the Lord; He is the life of God Himself, making his home in us. The Spirit of God brings us into intimate relationship with our Father and thus restores us to full freedom.

“And because you are sons, God has sent the Spirit of his Son into our hearts, crying, ‘Abba! Father!’ So through God you are no longer a slave but a son, and if a son then an heir” (Gal 4:6-7).

Because of sin, our parents, (even the best of parents) and many others have failed to represent the Father of Love to us. The fruit of original sin causes us to identify more as a slave than as a child of God. We all have areas of our lives that have yet to experience full liberation. These sins, habits, and bondages are the devil’s door to tempt us to think and act as though we were still slaves held in bondage.

Freedom is life in the Son of God. The Son has overcome every deception that we have believed about the Father who has always loved us, who has always been present, who has always blessed us.

Satan, seeking to rob, steal and destroy, poses as a counterfeit father. Jesus tells us, “He is the father of lies” (Jn 8:44). We know that God’s word has power because it is the Word that comes from God. Deception has spiritual power as well because its source is a spiritual being, the devil who is a liar. Sin entered the world through one man and with sin came the great deception.

Deliverance is removing the power of the lies so that we can hear the voice of our Father that has always been speaking deep within. Knowing the Father through the Son is our place of deepest freedom; it is where broken humanity is healed.

# THE FIVE KEYS



My book *Unbound* teaches how to listen and respond in Five Key areas as you seek greater freedom and help others to do the same. Each key incorporates practical direction on how to respond to the grace that unlocks the door and set us free.

## Key 1. **Repentance and faith**

There is no greater deliverance than embracing the grace of baptism, by turning from sin and turning to the Lord. Jesus is our deliverer and He is our deliverance. The first key also involves ongoing repentance and conversion as the hidden sins of our heart are revealed.

## Key 2. **Forgiveness**

If we want to be like Jesus we need to forgive from the heart. Many believers who know they need to forgive have failed to understand how to access the power of forgiveness that Jesus has given them. As forgiveness is pronounced by faith and the power behind unforgiveness is renounced, it is defeated.

## Key 3. **Renunciation**

Each Easter Catholics renew their baptismal vows beginning with, “I renounce Satan and all of his works and all of his empty promises.” Renunciation is a declaration before the kingdom of darkness that I no longer make a home for sin, deception and the power behind it. I am no longer in agreement with this lie that has been buried in my heart and my thoughts. Specifically renouncing our enemies brings victory. For example, one might state, “I renounce fear in the name of Jesus, I renounce a spirit of rejection in the name of Jesus, I renounce lust...loneliness... a spirit of anger... resentment and bitterness... hatred. I renounce the lie that everything is my fault... I renounce the idol of fame and recognition...”

## Key 4. **Authority**

When the Lord said to Moses, “I will be an **enemy** to your **enemies**” (Exodus 23:22), He did not mean that Moses would sit and watch. He meant that as Moses fought, so would God. Moses had God’s authority. In Christ, we too have authority over our enemies who seek to destroy us. We can take our stand against them through **repentance, forgiveness, renunciation** and then declare the truth of their defeat by saying, “In the name of Jesus I command any (or every) spirit that I have renounced to leave me now.”

## Key 5. **The Father’s Blessing**

The Hebrew sense of blessing means to speak words that empower someone to prosper and thrive. They are words that give life and peace. Words carry spiritual power. Every blessing that the Father spoke to Jesus is ours. The Father reveals to us who we are as we come before him in the Son. What we have longed to hear all of our lives has already been spoken. As we learn to receive His blessing, so we are healed. To be “unbound” means that the obstacles to the gift that has been waiting for us have been removed and the Father’s love and affirmation is made real to us in Christ.